



B.E.S.T. Series

*When Only The B.E.S.T Will Do
BIGs Entrepreneurial Success Training*

Steps2Take Daily

If YOU Dont Have Plans
For Today Dont Expect
Your Tomorrow To Be
FREE!

F.R.E.E.

Financially Ready Enjoying Everything

T.I.M.E

To Impede My Enemy

www.kenBIGblake.com/lists



F.R.E.E.
(Financially Ready Enjoying Everything)
T.I.M.E.
(To Impede My Enemy)



You may not know me...
So let me share one thing
I would like for you to know.

If you have a dream,
If you are passionate
about some thing...

If you have have been
discouraged...
If you have had to give
it all up...

I can still be your friend
and my friends.....

They are in the business
of making your goals
a reality.

www.kenBIGblake.com

Many People Say They Want To Do Or Learn Something New.

The Biggest Reason They Say That They Haven't Is A Lack Of Time.

This Short Guide Will Determine What Is Actually Taking Up Your Time And How To Re-Arrange Those Time Wasters To Focus On Your Primary Goal(s).

Share This With Someone Who Is Looking To Have More

FREE TIME

To Do The Things That Add Value To Their Life.



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If you keep doing the same thing over and over, you will most likely get the same result.

If you keep doing the same thing over and over and always expect a different outcome...You may be a tad bit insane.

If you keep doing the same thing over and over because it is just easy to do you may just have no ambition or motivation to change.

If you keep doing the same thing over and over knowing you will get the same result, you may just not care and have decided you are content.

If you are content with your circumstances, then this is not something you need to review any further.

This if for the person that is not content and is looking to gain more satisfaction in life and willing to put in the TIME to make it happen.



The key to doing new things and learning new systems is changing your MINDSET and recognizing habits you exhibit daily that have provided the same results.

One thing we all have in common is TIME. Some people can appear to have more time by compounding the time of others.

You may be one of the OTHERS if you have found that you have no time to focus on your GOALS and DREAMS.

So, let's take a quick look at where your time is spent.

What can you eliminate to focus more on what really matters?

Fill Out Each Day With The Activity You Do During That Time.

How Does Your Day Look?

Monday	Activity
12 am – 1 am	
1 am – 2 am	
2 am – 3 am	
3 am – 4 am	
4 am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6 pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

Can You Find 1.5 to 2 hours daily to learn or do something new.
Try Finding 8 Hours A Week.

How Does Your New Day Look?

New Day - Monday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

Can You Find 1.5 to 2 hours daily to learn or do something new.
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How Does Your Day Look?

Fill Out This Day With The Activity You Do During That Time.

Tuesday	Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your New Day Look?

New Day - Tuesday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your Day Look?

Fill Out This Day With The Activity You Do During That Time.

Wednesday	Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your New Day Look?

New Day - Wednesday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your Day Look?

Fill Out This Day With The Activity You Do During That Time.

Thursday	Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
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New Day - Thursday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
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7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your Day Look?

Fill Out This Day With The Activity You Do During That Time.

Friday	Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
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7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your New Day Look?

New Day - Friday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your Day Look?

Fill Out This Day With The Activity You Do During That Time.

Saturday	Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your New Day Look?

New Day - Saturday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

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How Does Your Day Look?

Fill Out This Day With The Activity You Do During That Time.

Sunday	Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
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New Day - Sunday	New Activity
12 am – 1 am	
1am – 2 am	
2 am – 3 am	
3am – 4 am	
4am – 5 am	
5 am – 6 am	
6 am – 7 am	
7 am – 8 am	
8 am – 9 am	
9 am – 10 am	
10 am – 11 am	
11 am – 12 pm	
12 pm – 1 pm	
1 pm – 2 pm	
2 pm – 3 pm	
3 pm – 4 pm	
4 pm – 5 pm	
5 pm – 6 pm	
6pm – 7 pm	
7 pm – 8 pm	
8 pm – 9 pm	
9 pm – 10 pm	
10 pm – 11 pm	
11 pm – 12 am	

If you have found the time to make a change in your day
you have found the time to eventually become FREE!

THINK Begin Intentional Growth

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